

MOUNT

JULIET

JUNIORS

CLUB

MOUNT
JULIET
ESTATE

SAMPLE

ACTIVITY

SCHEDULE

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
AFTERNOON ACTIVITIES							
12 NOON - 12.30pm	Registration / Games	Registration / Games	Registration / Games	Registration / Games	Registration / Games	Registration / Games	Registration / Games
12.30pm - 1.30pm	Playground	Table Tennis	Tennis	Sports Day	Sports Day	Nature Walk	Nature Walk
1.30pm - 2.30pm	Lunch Buddies	Lunch Buddies	Lunch Buddies	Lunch Buddies	Lunch Buddies	Lunch Buddies	Lunch Buddies
2.30pm - 3.30pm	Arts & Crafts	Kids Zumba	Arts & Crafts	Kids Zumba	Arts & Crafts	Arts & Crafts	Arts & Crafts
3.30pm - 4.00pm	Games room/ Collection	Games room/ Collection	Games room/ Collection	Games room/ Collection	Games room/ Collection	Games room/ Collection	Games room/ Collection
EVENING ACTIVITIES							
6.00pm - 7.00pm	Dinner & Chill	Dinner & Chill	Dinner & Chill	Dinner & Chill	Dinner & Chill	Dinner & Chill	Dinner & Chill
7.00pm - 9.00pm	Showtime Movie	Showtime Movie	Showtime Movie	Showtime Movie	Showtime Movie	Showtime Movie	Showtime Movie

JUNIORS

INFORMATION

Our Mount Juliet Juniors team are passionate about providing your child with a safe environment in which to enjoy an active and fun filled day. We have a range of activities that take place around the resort. We look forward to welcoming your little ones.

HOW TO FIND US / LOCATION

The Mount Juliet Juniors Club is located in Hunters Yard.

OPENING TIMES

Open Monday to Sunday

Afternoon: 12.00 noon - 4.00pm | Evening: 6.00pm - 9.00pm

JUNIORS

MEALS

Lunch and dinner will be provided during the Mount Juliet Juniors afternoon and evening clubs.

See Sample Menu:

SAMPLE MENU

STARTER

Melon and Berry Salad

Soup of the Day (Gluten, Milk)

Toasted Cheese Fingers (Gluten, Milk)

Smoked Salmon on Brown Bread (Gluten, Milk, Fish)

MAIN

Pea and Salmon Risotto (Milk, Fish)

Cheeseburger with Chips (Gluten, Milk, Egg)

Chicken Goujons and Chips (Gluten, Egg)

Penne Pasta with Carbonara Sauce (Gluten, Milk, Egg)

Minute Steak with Mash and Vegetables (Milk)

DESSERT

Jelly and Ice Cream (Milk, Egg)

Chocolate Brownie with Chocolate Ice Cream
(Gluten, Nut, Milk, Egg)

Selection of Ice Cream (Milk, Egg)

Fresh Fruit Salad with Yogurt and Strawberry Coulis (Milk)

Cookie and Ice Cream Sandwich (Milk, Gluten, Nut, Egg)

WHAT TO BRING

Comfortable shoes for outdoor activities. Raincoat and wellies (weather dependent).

GOLF

Golf is also available for Juniors throughout the summer - please check details in club house.

NON-PACKAGE PRICES

Full Day: €35 | Afternoon: €25 | Evening: €15

AGE GROUP

5 years to 12 years

INFORMATION



If your child needs special assistance due to a disability, please email healthclub@mountjuliet.ie and we will be happy to accommodate as best we can.

Please note all estate activities must be pre booked prior to arrival to the estate on 056 777 3000 or email reception@mountjuliet.ie. This is a sample timetable and is subject to change

ADDITIONAL ACTIVITIES

SEGWAY TRAIL

Age group: 8 years to 12 years

Meeting Point: At the arch outside Hunter's Yard

Monday 10 - 11am | 11 - 12am

Tuesday 10 - 11am | 11 - 12am

Friday 10 - 11am | 11 - 12am

HEALTH CLUB SWIMMING

Opening Hours

Monday to Friday 7.00am to 9.00pm

Saturday & Sunday 8.00am to 9.00pm

Children's times 9.00am to 6.00pm

Please note all estate activities must be pre booked prior to arrival to the estate on 056 777 3000 or email reception@mountjuliet.ie

Name: D.O.B:

Parent/Guardian Name:

Address:

Doctor' Name: Phone:

Emergency Contact: Phone:

Person collecting above named child: Room No:

Please answer the following questions by ticking Yes/No	Yes	No
Does your child have any heart problems?	<input type="checkbox"/>	<input type="checkbox"/>
Is there a history of heart disease/stroke in your family?	<input type="checkbox"/>	<input type="checkbox"/>
Has your child got any allergies? If yes please specify	<input type="checkbox"/>	<input type="checkbox"/>
Does your child have any form of illness or disease, e.g. Asthma, diabetes, epilepsy etc.?	<input type="checkbox"/>	<input type="checkbox"/>
Please specify what medication are they on? <input type="text"/>		
Does your child have any other conditions that we need to be aware of?	<input type="checkbox"/>	<input type="checkbox"/>
Has your child any other condition that may limit his/hers participation in physical activity?	<input type="checkbox"/>	<input type="checkbox"/>
If yes please state <input type="text"/>		

It is your responsibility to inform staff accurately.

Signed: Date:

Permission Slip

Over the course of 'Mount Juliet Juniors' we may occasionally go on outings within the grounds, please sign below to give your permission for your child to take part in these outings:

Playground | Tennis court | Rose Gardens | Archery | Horse Riding | Golf | Swimming Pool

Signed: Date:



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